

South Texas Rehabilitation Hospital (STRH) ranked in the top 10% of 827 rehabilitation facilities ranked in the IRF database of Uniform Data System for Medical Rehabilitation (UDSMR). **STRH was cited for care that is effective, efficient, timely and patient-centered.**

The staff at South Texas Rehabilitation Hospital (STRH) recognizes that amputation radically changes a person's life. Moreover, we understand the deep emotional stress amputation causes and recognize that rehabilitation is more than just physical. **STRH offers amputee rehabilitation services by a caring, highly-trained and supportive team to help patients maximize recovery and regain independence.** We help patients recover quickly and return home with a renewed sense of self-sufficiency.

Our 40-bed facility, designed solely for the provision of specialized rehabilitative care, is **the only freestanding acute rehabilitation hospital serving Cameron County, Texas.** The facility's **unique design fosters a comfortable and responsive environment for our patients.** Some of the exceptional design features that enhance our delivery of patient care include:

- **6,000 square foot state-of-the-art therapy gym**
- **Aquatic Therapy Pool** with specialized equipment
- **Therapy Courtyard** with a variety of surfaces to enhance mobility for home and community integration
- **Multiple day rooms**, activities of daily living suite and a transitional suite for patient and family education
- **14 semi-private and 12 private patient rooms** with state-of-the-art beds
- **Psychological counseling & spiritual support** consisting of individual & group therapy and non-denominational religious services
- **Home evaluations** to identify any necessary modifications and prepare patients for a safe discharge to their home environment
- **Continuum of care** to maximize recovery by transitioning patients from inpatient to **outpatient therapy**

To make a Referral or for more Information

Contact our admissions department at 956-554-6002. One of our rehabilitation specialists will respond to perform a pre-admission screening and coordinate transfer to our facility. We offer same day response, seven days a week.

How to Get to STRH

Our facility is located at 425 East Alton Gloor Boulevard in Brownsville, Texas. From Highway 77, take the Alton Gloor exit. Travel east approximately ¼ mile.



South Texas Rehabilitation Hospital
425 East Alton Gloor Boulevard
Brownsville, TX 78526
ph: 956.554.6000
fax: 956.350.6150
STRH.ernesthealth.com

South Texas Rehabilitation Hospital is accredited by The Joint Commission.



Therapy Pool Occupational Therapy / Social Rehabilitation Nursing Wrist Family Education Psychological Rehabilitation Nurse Occupational Therapy

WE BELIEVE, REHABILITATION MEANS MORE THAN JUST PHYSICAL.



Amputation Rehabilitation Program

- Pre-Surgery Consultation
- In-Patient Rehab
- Prosthetic Training
- Outpatient Therapy



Rehabilitation is key in learning to compensate for the loss of a limb and maximizing independence.

The clinical team will address:

- Wound care and skin integrity
- Balance and functional mobility
- Strength and range of motion
- Pain management including phantom pain
- Depression and self-image
- Use of prosthesis (fitting, ambulation, etc.)
- Activities of daily living such as dressing and bathing
- Nutrition and Dietary Counseling

Our amputee rehabilitation services are designed to assist both the patient and their family. Key program components include:

- Plan of care led by a **Medical Director, board certified in physical medicine and rehabilitation**
- **24-hour nursing care** provided by a specially trained rehabilitation nursing staff
- A **progressive and personalized treatment plan** developed for each patient and delivered by our highly-trained and compassionate interdisciplinary team

- A **dynamic daily therapy schedule** that provides consistency, repetition and reinforcement of daily activities for maximum progress related to each patient's needs, goals and home environment:

- **Dynamic Physical and Occupational Therapy:**

Focuses on sitting and standing balance, strengthening, mobility and transfer training, daily functional activities and prosthetic training

- **"Rise & Shine ADL Program":**

Focuses on areas such as bathing, toileting and dressing

- **Wound care team** provides a holistic approach to healing as well as prevention and management of skin breakdown

- **Prosthetist & Orthotists** available for consultation, fittings, assisting with equipment and permanent prosthetics

- **Support Groups** are available for patient and family counseling



Therapy Gym



Private Patient Room